

Daily Routine for Eclectus Parrots

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For those interested in learning more access our Clients Only webpage using the username and password provided above.

MORNING

Exercise

✓ Release your bird from its cage and allow supervised free flight whilst preparing the morning meal of fresh fruit, vegetables or pulses. Encourage your Eclectus to be included in the food preparation and create learning situations, as this is a most important training time for your bird. For example, introduce clicker training as a foraging tool where your bird must work to get a click and food reward. This training stimulates the same mental behaviour required for searching, locating and remembering where food is found in wild parrots (see our webpage or ask Tailai about clicker training).

Breakfast

✓ Eclectus enjoy soft, flesh food such as passionfruit and we recommend providing the nutritional supplements in the passionfruit pulp each day. Foods rich in vitamin A & E such as pumpkin, sweet potato, peas and carrots, and fruits including red grapefruit, rockmelon, passionfruit, mango are first choices for breakfast. Vary your birds meals according to what is in season and always ensure fruit and vegetables are fresh, clean and free from pesticides. Organic foods are best for Eclectus.

What to Provide

Supervised free flight

Clicker training & food rewards

Morning fruit and vegetable meal



DAY TIME

Cage Preparation

✓ Remove the morning meal's dish and any remaining fruit or vegetables after 1 hour and replace with a bowl of small seeds. Foraging branches should then be placed in the cage.

✓ In the wild, this is a time when Eclectus parrots rest quietly in trees talking to themselves. If at home, this is an ideal time to talk to your bird and teach it new words.

Return to cage for foraging/rest

✓ Eclectus parrots should spend any unsupervised day time inside the cage. Thin fresh branches, long beans etc. can be woven in between the cage bars to encourage time consuming foraging activities during this time.



Replace uneaten food with foraging branches and seed

Seed dish may remain in the cage during the day

Supervised free flight when at home

EVENING

Exercise & Training

✓ Release your bird from its cage and allow supervised free flight. This is a good time for a reward based training session.

Dinner

✓ Remove any remaining seed treats from the cage and call in for a shared evening meal. Provide a smaller but similar meal as the morning feed. Place the cage or your bird's feed station alongside the family dinner table and eat your evening meal together. A shared meal is a most important time of the day for Eclectus.

Evening Socialising

✓ Following the meal time socialise with your bird outside the cage. Socialising involves interacting quietly with your bird and "winding down" for the day. This bonding time strengthens your birds sense of trust.

Roosting/Bedtime

✓ Remove all foodstuff from the cage and implement nightly bedtime routine.



Exercise

Clicker training

Shared meal with humans

Social interaction

Remove all food from cage

Cover cage & give bedtime treat

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www.birdhealth.com.au