

Weekly Health Programme for Macaws and Amazons

Add to Drinking Water

Mix into Food

Ongoing Health Care

Day 1	KD Powder ¹	Turbobooster, E Powder & Fvite ⁴
Day 2	Dufoplus & Ioford ²	Turbobooster, E Powder & Fvite ⁴
Day 3	Dufoplus & Ioford ²	Turbobooster, E Powder & Fvite ⁴
Day 4	Fresh water	Turbobooster, E Powder & Fvite ⁴
Day 5	Quik Gel ³	Turbobooster, E Powder & Fvite ⁴
Day 6	Quik Gel ³	Turbobooster, E Powder & Fvite ⁴
Day 7	Fresh water	Turbobooster, E Powder & Fvite ⁴

Lice & Mite Protection: S76 should be administered in the drinking water every month during summer and each three months during the cooler seasons. Add 0.5ml of S76 into 100mls drinking water and leave for two days. A lice and mite spray (AIL) should be applied on the same days.

Worm Protection: Gentle Wormer should be administered in the drinking water each three months. Add 3mls of Gentle Wormer into 100mls drinking water and leave for two days.

³ **Moult Support:** Between December and March Quik gel is added to drinking water for 2 days a week.

¹ KD Powder is given in the drinking water for one day a week acting as a mouth and crop wash to maintain protection from environmental germs. It is made up by adding 1/4 teaspoon (1gm or a level white spoon) into a litre of water. The drinking vessel is filled from this litre and the remainder is used to clean out the cage.



² Dufoplus (5 drops) & Ioford (10 drops) are mixed together in 100mls of drinking water and safely left for two days as they are sugar free. Dufoplus and Ioford provide the vitamins and trace elements necessary for good health. These supplements can be mixed into fruit or vegetables.

³ Quik Gel provides an immediate energy boost to your bird and should be given whenever you feel your bird is tired or unwell. Quik Gel is also given for two consecutive days a week to protect health during the moult, which is a period when many birds fall ill. Quik Gel is prepared by mixing 1 drop (0.1ml) thoroughly into 100ml drinking water.

⁴ 6 drops of Turbobooster is mixed thoroughly into 100gm of seed, fruit or vegetables, then 1/4 teaspoon (1 gm or heaped white spoon) of E-Powder and F-vite are mixed into it. These powders stick to the Turbo-booster oil impregnated seed providing your bird with additional energy and together provide the required balance of protein, vitamin and minerals necessary for top health. For some birds, and during the moult Dr Marshall may recommend Turbobooster, E-Powder and F-vite be given daily.

Macaws & Amazons Require Special Care

Macaws and Amazon parrots require special care if they are to remain happy as pets. A large outdoor aviary is recommended for visual and physical enrichment. The morning and evening meal should include organic fruit, vegetables or pulses. Vary your bird's diet according to what is fresh and in season as Macaws appreciate variety in their diet. They show an ability to distinguish subtle differences in flavour and unlike other parrots will sample a wide variety of new foods. Nuts such as walnuts, pecans, almonds and macadamia nuts are favoured above all other foods and are ideal as a treat for returning to the cage. Slivers of grape or kiwifruit or green peas are the best clicker training treats. Nuts are given whole as these large parrots enjoy the process of breaking them open. The number of nuts fed each day should be restricted, because Amazon parrots are prone to arteriosclerosis related heart disease caused by a high fat diet. One of the following foods - butter pumpkin, sweet potato and carrot - should be included in at least one daily meal as these vegetables offer your bird of the highest food value. Macaws and Amazon parrots also enjoy boiled rice dishes and rehydrated pulses as part of their diet (see recipe below).



Pulse Mix Recipe

1. Soak dry soup mix in cold water overnight.
2. Rinse soaked pulses thoroughly and strain.
3. Boil for 45 minutes or until soft.
4. Divide into 100gm portions and freeze.
5. Prepare meal each morning as follows:

To prepare the morning feed, warm the frozen pulse mix in the microwave. Boiled rice, diced and cooked vegetables may be incorporated into the mix. To this finished meal add 6 drops Turbobooster and mix thoroughly. Then, sprinkle 1/4 tspn E Powder & 1/4 tspn Fvite onto the mix and provide as the morning meal. Dufoplus (5 drops) and Ioford (10 drops) can also be added here instead of in the drinking water.

Food Hygiene is Essential

All fresh food should be washed in KD Powder prior to preparation to remove surface contamination. During the warmer months uneaten food remnants must be removed from the cage within an hour of feeding in order to prevent food spoilage diseases. Foraging branches should be soaked in KD before being placed into the cage.

