

Weekly Health Programme for Cockatiels and Galahs

Add to Drinking Water		Mix into Sterile Food	Ongoing Health Care
Day 1	KD Powder ¹	Turbobooster, E Powder & Fvite ⁴	<p>Lice & Mite Protection: S76 should be administered in the drinking water every month during summer and each three months during the cooler seasons. Add 0.5ml of S76 into 100mls drinking water for two days. A lice and mite spray (AIL) should be applied on the same days.</p> <p>Worm Protection: Gentle Wormer should be administered in the drinking water each three months. Add 3mls of Gentle Wormer into 100mls drinking water and leave for two days.</p> <p>Quik Gel: Between December and March during the moult it is recommended to give Quik Gel ³ in the drinking water for two days each week.</p>
Day 2	Dufoplus & Ioford ²	Turbobooster, E Powder & Fvite ⁴	
Day 3	Dufoplus & Ioford ²	Turbobooster, E Powder & Fvite ⁴	
Day 4	Fresh water	Fresh seed ⁵	
Day 5	Quik Gel ³	Fresh seed ⁵	
Day 6	Quik Gel ³	Fresh seed ⁵	
Day 7	Fresh water	⁵ During the Moult: Give Turbobooster, E Powder & Fvite on the seed every day.	

¹ KD Powder is given in the drinking water for one day a week acting as a mouth and crop wash to maintain protection from environmental germs. It is made up by adding 1/4 teaspoon (1gm or a level white spoon) into a litre of water. The drinking vessel is filled from this litre and the remainder is used to clean out the cage.

² Dufoplus (5 drops) & Ioford (10 drops) are mixed together in 100mls of drinking water and safely left for two days as they are sugar free. Dufoplus and Ioford provide the vitamins and trace elements necessary for good health.

³ Quik Gel is an optional health tonic that may be given in the drinking water as part of an ongoing weekly programme. Quik Gel provides an immediate energy boost to your bird and should be given whenever you feel your bird is tired or unwell or for those birds with chronic health problems. Quik Gel is prepared by mixing 1 drop (0.1ml) thoroughly into 100ml drinking water.

⁴ 6 drops of Turbobooster is mixed thoroughly into 100gm of seed, then 1/4 teaspoon (1 gram) of E Powder and F-vite are mixed into it. These powders stick to the Turbobooster oil impregnated seed providing your bird with the energy, protein, vitamin and mineral supplements necessary for top health. During the moult and for some birds, Dr Marshall may recommend Turbobooster, E Powder and F-vite are given daily.



Exercise, Occupation & Hygiene

A daily routine that includes two shared meals and time outside the cage exercising, socializing and playing is very important for your pet cockatiel as it gives your bird emotional stability and the confidence to happily occupy itself whilst you are away from home.

Cockatiels are social, affectionate birds and they will want to spend their time out of the cage with you when you are at home. They will pace up and down the perch or call incessantly when eager to be with you. This behaviour is unlikely when you have established a daily routine for your bird, but if it does, then you must release your bird from its cage to share time with you and to avoid it falling ill from anxiety and over-exertion.

Outside the cage your cockatiel must not be unsupervised as there are many household hazards that can harm it.

Cockatiels rarely accept soft fleshy fruits or vegetables because their natural environment is hot and dry where their foods contain little moisture. They may accept fibrous foods such as apples and long beans, which together with millet sprays, eucalypt and acacia branches offer them good foraging opportunities when inside their cage during the day.

Cockatiels being dry hot climate parrots are very susceptible to bacterial and fungal infections associated with the moist humid conditions of a coastal climate. This means that natural branches and perches that we offer cockatiels as foraging opportunities are often contaminated with these germs and therefore must be irradiated or disinfected before being used.



Hedwig Podgornik enjoying her millet spray treat

Time outside the cage is the perfect opportunity for learning. Your cockatiel will enjoy playing games, flying, singing, talking and learning new tricks when spending time with you outside the cage.

Routine training sessions encourage your bird's desire to learn. Once established, regular training sessions using millet spray treats or a reward become the ideal time to teach your birds new tricks (Consult with Tailai or refer to webpage for clicker training advice).

